

MASTERING AN ABUNDANCE MINDSET

YOU ARE THE KEEPER



BREAK
THROUGH
LIMITING
BELIEFS



ELIMINATE
LABELS



CREATE
BOUNDARIES

SPHERES OF INFLUENCE

THINGS WE CAN CONTROL

attitude, actions, effort, mindset, habits, energy

THINGS WE CAN INFLUENCE

offer advise, educate, provide evidence & guidance

THINGS WE CAN'T INFLUENCE

move on don't invest time or energy

STRESSORS CAN BECOME FORMS OF SELF- SABOTAGE

INCREASE SELF-AWARENESS
& DEVELOP WAYS TO MANAGE
STRESS, AND CREATE
SOLUTIONS FOR STRESSORS

FINANCIAL STRESS

EMOTIONAL STRESS

MENTAL & PHYSICAL STRESS



Megan
Business Coach

PURPOSE DRIVEN WOMEN ENTREPRENEURS

I am

statements



THE ONLY PERSON STANDING IN THE WAY OF CREATING YOUR DREAM BUSINESS IS YOU!

Whether you believe your dream business and schedule are available for you or not, you are right.

I AM.....

Daily Affirmations and statements; who you are and who you want to be

I AM NOT

What BS lies are you done hearing the mean girl inside your head say about you?

MEGAN'S MASTERMIND FOR PURPOSE DRIVEN WOMEN ENTREPRENEURS

Launches July 2022



You become like your inner circle. This mastermind is for purpose driven women entrepreneurs who are goal oriented and motivated by making an impact in their professional and personal lives. This group is for women who want to create freedom of time and money serving their purpose on this Earth! This is for entrepreneurs who believe we are better together and want to collaborate, not compete with each other.





BE IN THE CIRCLE WITH
WOMEN WHO INFLUENCE
YOU TO THINK AND ACT ON
BUILDING THE LIFE AND
BUSINESS OF YOUR DREAMS



Brainstorming

Empower

Uplift

Education

Mentorship



Create Solutions

Goal Setting

Accountability

Feedback

Fresh Perspectives

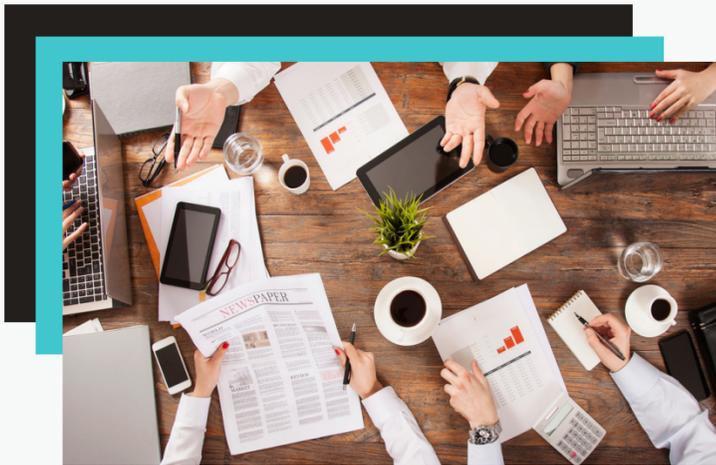


Your own board of directors for your
small business

Motivate

Leadership

What's Included in Megan's 6 month Mastermind

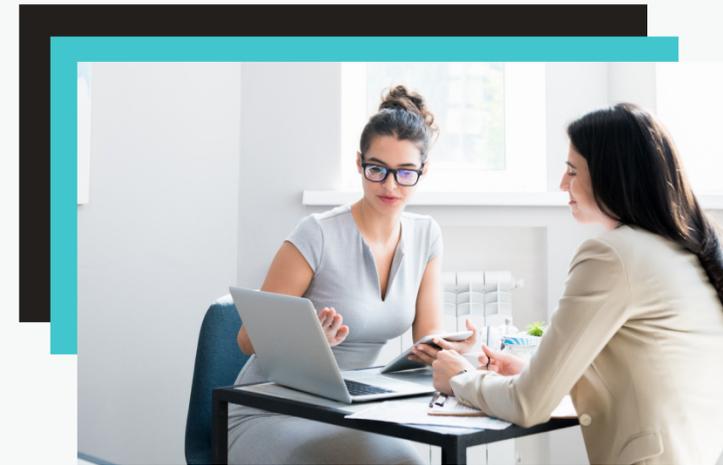


MONTHLY IN PERSON
FRIDAY MEETING

@ Megan's Yoga
Tribe Studio

12pm-2pm

(light lunch served)



MONTHLY 1 ON 1 IN
PERSON MEETING
WITH MEGAN

@ Megan's Yoga
Tribe Studio

1 hour meeting



QUARTERLY
NETWORKING
HAPPINESS HOUR

Locations TBD

This will be an
opportunity to connect
and network with local
entrepreneurs



Business Planning Annual Retreat

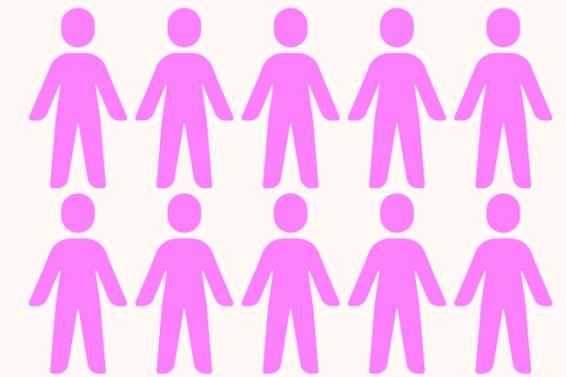
**ADDITIONAL EXPENSE EXCLUSIVE
FOR OUR MASTERMIND GROUP
JANUARY 2023**

- This weekend retreat is exclusive for mastermind members. (within 3 hours of Kansas City)
- You will create a sustainable business plan for the New Year
- You will nourish your body, mind, soul, and business at this retreat
- You will work ON creating the business and life of your dreams
- You will recharge your batteries



Investment in your growth

\$450 per month



**You become like your inner circle
Surround yourself with high achieving,
successful heart centered women**